

SUMMER FUN

Summer is almost here. While most of us still have to work, it is a time for reflection and some plain old fashion fun. Life is short. So make sure you don't let these lovely lazy days pass by without doing some fun things and some productive things with your downtime.

I know every summer I make a list of things I want to accomplish and some things I want to do for fun. Play more tennis is on my agenda. I want to make some new music playlists, like take one full day to do it. Reading is always there. I make my summer reading list and try and stick to it. Taking a book to the beach or under a tree or to the park with a big ice tea is just a great summer pastime.

And of course contemplation. Summer is a wonderful time to start a journal or pick up the one you might have put down. Maybe reassess your Gratitude and Trust. What are some things you want to do this summer? Write them down. Enjoy!
